

Canadian Lightning Pan American Games Selection Event

July 1 - 3, 2011

Kingston Yacht Club, Kingston, ON, Canada

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 No national authority prescriptions will apply.
- 1.3 If there is a conflict between languages the English text will take precedence.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located on the window of the Sunshine Lounge at the southwest corner of the KYC Clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the KYC Flagpole located at the southwest corner of the KYC Breakwall.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals 'AP'.

5 SCHEDULE

- 5.1

Friday, July 1	0900h – 1100h	Registration
Friday, July 1	1115h	Competitors' Meeting
Friday, July 1	1300h	First Warning
Saturday, July 2	1100h	First Warning
Sunday July 3	1000h	First Warning

- 5.2 The championship will consist of 10 races as provided in the following table:

	Intended # of Races	Maximum # of Races
Friday, July 1	3	3
Saturday, July 2	4	5
Sunday, July 3	3	4

- 5.3 No warning signal shall be made after 15:00 on Sunday, July 3rd, 2010.
- 5.4 After a postponement, to alert boats that a race will begin soon, the Race Committee may make a series of sounds approximately one minute before a warning signal is displayed.

6 CLASS FLAGS

Class flag will be Code Flag 1.

7 RACING AREA

Racing will take place at the east end of Lake Ontario, on Kingston Harbour, approximately .50 nm southwest of the Kingston Yacht Club.

8 THE COURSE

The Course will be Windward/Leeward, twice around. Mark 1 will include an 'offset' mark. Mark 2 will be a gate. See Addendum 'A'

9 MARKS

- 9.1 Marks 1 and 2, will be green tetrahedra.
- 9.2 A new mark, as provided in instruction 11, will be a yellow tetrahedron.
- 9.3 The starting and finishing marks will be floats with red flags.

10 THE START

- 10.1 The starting line will be between a staff displaying an orange triangle on the Race Committee vessel at the starboard end and the port-end starting mark.
- 10.2 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

11 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12 THE FINISH

The finishing line will be between a staff displaying an orange triangle on the finishing vessel at the port end and the starboard-end finishing mark.

13 TIME LIMITS AND TARGET TIMES

- 13.1 Should no boat reach mark #1 within 30 minutes of the Start of a race, the race will be abandoned.
- 13.2 Should no boat sail the course and Finish within 90 minutes of the Start of a race, the race will be abandoned.
- 13.3 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

14 PENALTY SYSTEM

Rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the regatta desk, located in the Sunshine Lounge in the KYC Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 The protest time limit is 60 minutes after the Race Committee vessel arrives ashore.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, which is the Sunshine Lounge in the KYC Clubhouse.
- 15.4 Notices of protests by the race committee or by the protest committee will be posted to inform boats under rule 61.1(b).
- 15.5 On the last scheduled day of racing a request for reopening a hearing shall be delivered
 - (a) within the protest time limit if the requesting party was informed of the decision on the previous day;

(b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

- 15.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

16 SCORING

- 16.1 The Low Point System of Appendix A will apply.
- 16.2 Three (3) races are required to be completed to constitute a series.
- 16.3 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 16.4 When 5 races or more have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 BERTHING

Boats shall be kept in their assigned places. Boats shall use the crane provided by the Organizing Authority.

18 SAFETY REGULATIONS

- 18.1 Prior to the Warning of the first race of a day, boats are required to check-in with the Race Committee by sailing past the stern on the Race Committee vessel and hailing their sail number until acknowledged by the Committee..
- 18.2 A boat that retires from a race shall notify the race committee as soon as possible.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed without prior written approval of the race committee.
- 19.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a member of the Race Committee to proceed immediately to a designated area for inspection.

21 SUPPORT BOATS

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

22 TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

23 RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile

telephones. The Race Committee will attempt to broadcast over early starts over VHF on channel 72. Failure to do so shall not be considered grounds for redress.

24 PRIZES

Prizes will be awarded to 1st, 2nd and 3rd positions.

25 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 1,000,000 CAD per event or the equivalent.

27 PROVISIO

Breaches of Sailing Instructions 17, 18, 19, 20, 22, and 26 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for breaches of these clauses may be less than disqualification if the protest committee so decides.

ADDENDUM A – The Course

