



Kingston Yacht Club
Junior Sailing 2012
Opti Learn to Race Information



Please read the program description carefully to ensure that this program is appropriate for your child.

Optimist Racing Program

For 2012 KYC is excited to offer an introductory racing program especially for Optimist sailors. This is a 4-week program (July 30 – August 24) including team participation in *CORK International* (August 10 – 12).

Minimum Requirements: Applicants must have completed their Opti Advanced level from KYC, or an equivalent level of achievement. Sailors are expected to have strong basic sailing skills and should be able to competently handle their Opti in stronger winds. Enrolment is currently limited to 7 sailors and requires the approval of KYC's Head Instructor. Applicants without the necessary qualifications, or those coming from other clubs may be required to provide a recommendation from their previous instructor.



Course Material: Participants in the KYC Opti Racing program develop their boat handling and racing skills. Specifically, they learn about starting, mark rounding, upwind and downwind sailing. We also emphasize sail theory, racing rules, race organization, and racing strategy and tactics. Throughout the program, sailors engage in a variety of lessons, drills, games, simulated race situations and actual races to hone their skills.

Sailors receive dedicated race coaching throughout the program. Sailors also participate in shared activities with our other programs like excursions to Cedar Island for a BBQ, a trip to White Mountain Ice Cream, "feeding frenzy", and other theme days.

Additional Information

- Sailors must supply their own Optimist for this program. We are happy to assist in finding a boat for you, but we need several weeks advanced notice.
- A parent and sailor meeting will be held in late June for Opti Learn to Race program sailors.
- This Learn to Race program includes sailing in the *CORK International* regatta. Sailors will be based at Portsmouth Olympic Harbour during this period.
- Some theme days and all excursions are weather-dependent.
- On the last day of the program (August 24th) there is a BBQ followed by an evening of awards and a slide show. This is great fun, and all our Opti racers, parents, and extended family are encouraged to attend!



Kingston Yacht Club
Junior Sailing 2012
Opti Learn to Race Application



Applicant Information

Name: _____	Date of Birth: _____
Address: _____	City: _____
Province: _____	Postal Code: _____
Home Phone # : _____	Health Card # : _____
Current Sailing Level Achieved: _____	Weight: _____
Current Swimming Level Achieved: _____	

Parents / Guardians Information

Name: _____	Phone # (Day/Cell): _____ / _____
Name: _____	Phone # (Day/Cell): _____ / _____
Emergency Contact [Ⓢ] : _____	Phone # (Day/Cell): _____ / _____
E-mail Address: _____	
Family Membership # _____	
Where did you hear about the program? _____	

ⓈNote: The emergency contact must be a **Kingston daytime** (during camp hours) contact

Course Selection & Fees

Approval is required before being accepted into this program. Enrolment is limited in this program and the program instructor must approve applicants.

Please Indicate Level and Session(s)

	Level	Session	Fee Ⓢ
		Session #1 July 30 th – August 24 th	
Opti	Optimist Learn to Race	<input type="checkbox"/>	<input type="checkbox"/> \$1170/ \$1405

Note: Applicants must supply their own boat for the summer Opti Learn to Race program.

Important Notes:

- For the Summer program, with each application, a \$500.00 non-refundable deposit per sailor, per session is required in addition to a post-dated cheque for the remaining balance dated June 1, 2012.
- Applications will **not be processed** without a deposit/fee **and** a post-dated cheque.
- Cheques are to be made payable to the **Kingston Yacht Club**



**Kingston Yacht Club
Junior Sailing 2012
Medical Information & Waivers**



Instructions

Please complete the Medical section if the applicant has any allergies, learning difficulties, medical conditions, or other problems the staff should be made aware of. A Parent or Guardian must complete the Waiver and the applicant must sign the Code of Conduct.

Waiver of Liability

I, as parent or guardian of _____
release the Kingston Yacht Club "The Club" from any claim or action for damages, loss or injury which may occur to my child as a result of their use of The Club facilities or participation in Junior Sailing activities during the 2011 season. I also release The Club from any such claim or action by their heirs or personal representative.

Dated at Kingston this _____ Day of _____, 2012

Parent/Guardian

Signature: _____

Please print name: _____

Witness

Signature: _____

Please print name: _____

Slide Show

During the summer the instructors take pictures of the students for use in the Awards Night Slideshow. We would also like to distribute this slideshow, in CD form, to students of the program early in the following year as a memento. The slideshow and pictures would not be used for any other purpose.

- YES**, I give permission for photos of my child to be used in the slide show.
- NO**, I do not give permission for photos of my child to be used in the slide show.

Medical Information

Notes

Code of Conduct

I hereby make application to join KYC Junior Sailing and will abide by the KYC Rules and by the By-Laws as they apply to Junior Members and the regulations and disciplinary measures as laid down by the Junior Sailing Director and the Head Sailing Instructor.

Applicant's Signature: _____ Date: _____

Submission Instructions

Please return application and cheques to:

Kingston Yacht Club
1 Maitland Street
Kingston, Ontario.
K7L 2V3

Tel: (613) 548-3052
Fax: (613) 548-8876
JS (613) 547-2620
Email: office@kingstonyachtclub.com
URL: www.kingstonyachtclub.com

OFFICE USE ONLY					
Date Received	Total Fee	Deposit Amount	Post Dated Amount	Due Date	Letter Sent
		\$500.00		June 1	